



GETTING STARTED WITH INCLUSIVO CARDS

Inclusivo Cards can be used for either 1:1 coaching or team coaching. The cards generate interesting and productive conversations about the challenges and joys of working in an international team. There are many ways to use these versatile cards. The best way to get started is to simply shuffle the pack, take a card at random, and have everyone in the group give their response to the question. You'll notice a diverse range of answers and you'll discover interesting things that you didn't know about your colleagues. Inclusivo Cards can be used as the only activity in a team working event, or they can be used to supplement other intercultural or communication training courses.

Remember though, it's a question of quality not quantity, so don't rush through the cards. Have a really good conversation about each one, and learn as much about each other as possible.

You may feel challenged by some of the questions, while others may be very straightforward to answer. Either way, make sure you pay attention to how others react to the cards, their reactions may be different to yours!

As well as getting to know each other better, you'll notice that some wonderful ideas will emerge regarding how to improve communication and collaboration in your international team.

If you'd like more ideas on how to use *Inclusivo Cards* please send an email to inclusivo@abbeycommunication.com.

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